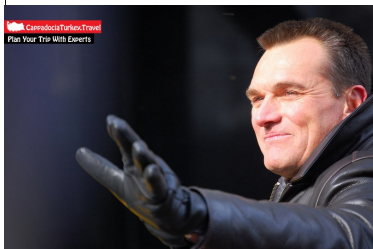


## Former NFL Player to Lead Men's Retreat



First Presbyterian will host a community-wide Men's Retreat on February 7-8, 2015 with former NFL player, Tunch Ilkin, as the keynote speaker. Mr. Ilkin was an offensive tackle for the Pittsburgh Steelers for twelve years and one year with the Green Bay Packers, and is now a sports commentator. A two-time all-pro tackle, Mr. Ilkin and his family emigrated from Turkey to the United States, where he later converted from Islam to Christianity. Tunch's primary emphasis on Saturday morning will include the importance of Christianity and the church in a man's life. There will also be time to share questions and discussions with one another. In addition to speaking at the Men's Retreat, Mr. Ilkin will deliver the Sunday sermon on February 8th. Please contact the church office to register for the retreat: 785-537-0518.

## Prayer Groups and Fellowship

**Evening Circle** will be meeting on February 2nd at the home of Shirley James Shimp, 3013 St. Anthony Place at **7:00 p.m.** Co-hostess will be Joyce Whitson. We will be covering Lesson Six as well as making Valentines stamps and cards.

**Morning Circle** will meet **Thursday, February 5th** at the home of Wann Towers, 634 Sprint Hill Lane at **9:30 a.m.** We will continue with the "Walking the Bible" video study.

**Friday Fellowship** will resume in April due to our Lenten Lunches.

**Lenten Lunches** will begin on **February 25th** with a service at noon, followed by lunch.

## A Message from Health Ministries: Sleep

"The bed is too short to stretch out on, the blanket too narrow to wrap around you." Isaiah 28:20  
NIV

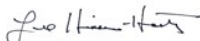
Whether related to stress, illness, or just a long day, people often have difficulty falling asleep. Establish a bedtime routine that prepares you and your mind for sleep. The room should be dark and at a comfortable temperature, and quiet to allow the mind to relax. A light snack of carbs (yogurt, apple, cheese, or granola) before bed may help you sleep, but heavy or spicy foods like alcohol or caffeine will keep you awake. Remember a bedtime prayer for additional comfort and relaxation. What is your routine? [www.bettersleep.org](http://www.bettersleep.org)




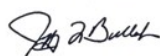
**for generations to come...**  
seminaries and churches together

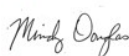
Thank you for your gift this year in support of  
theological education,  
and best wishes for a grace-filled Advent,  
a Merry Christmas,  
and a Happy New Year!

In Christ's Service,

  
Lee Hinson-Hasty,  
Coordinator of Theological Education  
& Seminary Relations

  
Nancy Benson-Nicol,  
Associate for Theological Education  
Funds Development

  
Jeffrey F. Bullock  
Chair, COTE

  
Mindy Douglas  
Vice Chair, COTE

## Thank you!

Dear FIT Closet Supporters,

I hope you have all welcomed in 2015 in a good way. We sure had a bit of a blast of old man winter last week but happy to enjoy some of these milder temperatures. Dr. Ward and I wanted to express our deep appreciation to all of you that have been participating in Warm clothing drives at your various churches. We have really benefited from all you have done for the FIT closet. Many of the bins that barely had anything in them earlier in the semester are well supplied now. As you know this is an on going ministry here at the FIT closet so we are always in need. You all have been a huge part of making it very successful. If you have not been to the FIT closet this semester I invite you to pay us a visit. You will be surprised.

Again thank you for your support and consideration. You all have been an overwhelming team of contributors.

Barb Hartnett, 383 FIT closet coordinator

Please visit the church office for a list of needed clothing and school supplies for the FIT closet

## February Library News 2015



“The Grave Robber: How Jesus Can Make Your Impossible Possible”, by Mark Batterson. Do we believe that God does miracles? Do we expect him to move in miraculous ways in our day-in and day-out lives? Maybe we would like to see miracles, but it’s hard to see past our own problems. “There are miracles all around us all the time”, says Mark Batterson, “but you won’t see them if you don’t know how to look for them. But this is more than a book about miracles. It’s a book about the only ONE who can perform them. Batterson cautions readers, “Don’t just seek miracles. Seek Jesus. And if you seek Jesus, miracles will find you.”

Mark is a pastor of the National Community Church in Washington, DC. ([www.theaterchurch.com](http://www.theaterchurch.com))

## Presby Preteens! (P-Squared)

Nine preteens and four adults will be traveling to Tulsa, OK, February 20-21, for the biggest preteen event in the nation, SuperStart! ([www.ciy.com/superstart](http://www.ciy.com/superstart))



Christ in Youth’s mission is to amplify the call on students’ lives to be Kingdom

Workers and challenge them to make their faith active. What can you do to support our preteens? PRAY!

- Pray that God would speak clearly into their hearts how they can become Kingdom Workers in their homes, schools, and relationships.
- Pray that the Gospel will take root in their lives and they would accept the message of Jesus.
- Pray that any home-sickness would be comforted and not able to distract them from the teaching they hear.
- Pray that God would open communication between preteens and their leaders to not only get tough questions answered, but build the foundations for solid relationships.



Thank you to everyone who donated at the Red Cross Blood Drive on January 18th in Presby Place. Because of you, we had a successful drive and surpassed our goal! What an exciting way to start off the new year.

Please plan on donating at our next Blood Drive March 15, 2015. Contact Tamera Garibay at [785.236.0955](tel:785.236.0955) or [twgaribay@gmail.com](mailto:twgaribay@gmail.com) for your appointment. Keep your New Year’s resolution and resolve to continue to give blood in 2015. You can make a difference in someone’s life!

## Capital Improvements Continue

Recently, new carpeting was installed throughout the entire Christian Education wing, the north entryway, the staircases by the chapel, the south entryway, and the staircases to the Christian Education wing. The new carpeting matches the new carpeting in the narthex. New flooring is currently being installed in the over 1500 square foot nursery.

In addition, a new closet is currently being constructed the length of the southeast wall in Fisher Hall, complete with beautiful oak doors. The Food Pantry and the Boy Scout doors on the south wall will be replaced with similar doors, creating a much improved look on that side of Fisher Hall. Many thanks to member, Jim Schottler, who is doing the construction.

## First Academy

February *First Academy* will take place on **February 9 at 6:30 p.m.** with speaker **Jarrett Meek**, Executive Director of Mission Adelante. This month’s topic will be *A Christian Perspective on Cuba*.

On March 9th, Dr. Jeffrey Smith, Associate Professor of Geography at Kansas State University, will speak on the subject of *Immigration*.

First Academy programs meet in the sanctuary and are held the second Monday of the month. Please come for a stimulating evening of lecture and discussion. Come early for refreshments at 6:15 p.m.